



“Nurturing Our Humanity: One Person, One Circle, One Community At A Time”

A.R.T.
Addressing Racism Together

Citizens across the country are working to create communities where all people have an equal opportunity to thrive. They recognize that the systems of racism, embedded in our country’s institutions, must be dismantled in order to achieve that end. **Addressing Racism Together** (A.R.T.) provides a forum to develop a shared understanding of racial inequity and facilitate action steps to dismantle racism. This six-session dialogue process uses art (poetry, music, theatre, video, etc.) as, not only, a provocateur of dialogue and action, but also as a vehicle to help us see, feel, and reflect in ways that encourage connection, learning, healing, and change. Because community building is critical to the establishment of the trust needed to engage in honest and healthy conversations about race, A.R.T. provides opportunities to build and strengthen relationships between participants throughout the dialogue process.

Dialogue Objectives:

- Create a deep and shared understanding of the current and historical context of racism
- Develop skills to respond to racism and inequity in healthy ways
- Build and strengthen relationships amongst participants
- Explore personal and collective power to address racism, foster equity, and promote healing
- Development of individual/collective action steps to achieve racial equity.

Each session is two hours in duration.

Dialogue #1: Establishing Common Ground- Review of the six sessions, Guidelines for conversations, definitions, race as a construct.

Dialogue #2: Historical Context of Racism

Dialogue #3: Impact of Racism on our Daily Lives

Dialogue #4: Impact of Racism on our Daily Lives (continued)

Dialogue #5: Envisioning a World with Racial Justice and Equity

Dialogue #6: Action Planning

For more information about A.R.T or to schedule a dialogue, contact Troi Bechet at thecra@thecra.net or 504-249-5274